

SAN LUIS OBISPO SWIM CLUB

SHORT COURSE 11 AND OVER MEET

| | | | |
|-----------------------|--|-----------------------|----------------------|
| DATE OF MEET: | Saturday, Sept. 23 rd – Sunday, Sept. 24 th , 2017 | DECK OPENS: | 9:45 AM (Sat & Sun) |
| SANCTIONED BY: | USA Swimming, Southern CA Swimming | WARM-UP START: | 10:00 AM (Sat & Sun) |
| SANCTION #: | S17-257 | MEET START: | 11:00 AM (Sat & Sun) |
| SPONSORED BY: | San Luis Obispo Swim Club and Coastal Committee | | |

ENTRY DEADLINE: Entries must be received by the meet processor **NO LATER THAN 5 PM WEDNESDAY, SEPTEMBER 13, 2017**. If the meet fills prior to the deadline, entries will be rejected (last received, first rejected).

FACILITY: San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd. (4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road. Pool is a 25 yard by 50-meter, 20 lane outdoor heated pool. 6 to 8 lanes (depending on entries) will be used for the competition and a minimum of 4 lanes will be used for warm-up/warm down. The competition course has been certified in accordance with 104.2.2(C). on file with USA Swimming. Pool Depth: Start End is 6 ft deep in lanes 1-8 and Turn End is 13 ft in lane 1 to 12.5 ft in lane 8. Ample deck space is available for structures and seating. ***Bring tie-downs/weights to SECURE your canopies/structures.**

ELIGIBILITY & AFFILIATION: Open to 11 & Over Coastal Committee and Out of LSC athletes who are 2017 or 2018 USA Swimming registered. Registration applications must be received by the meet entry deadline (5:00 PM on Wed, Sept 14) by meet processor, administrative referee or SCS Office. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III B. Registration application may be submitted together with entry forms. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.

SUBMITTED & QUALIFYING TIMES: Times submitted must be the BEST RECORDED TIMES short or long course from this or the preceding swim season (NO Workout Times). Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action.

QUALIFIED SWIMMERS: *Swimmers must be 11 years of age or older by the start date of the meet, September 23, 2017.*

RULES: USA swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Swimmers must be 11 years old or over as determined by the age on the first day of the meet (Sept 23, 2017).

Recording Devices & Media Coverage: The uses of audio visual recording devices, including cell phones, are NOT permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swim suit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted for this meet, please check the SCS website for a list of approved racing suits.

Deck Changes: Deck Changes are prohibited.

Racing Start Certification: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

USA Swimming Disclaimer: It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ENTRY PROCEDURES: Electronic Entry: Email entry (entry .zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) ONLY. New swimmers accepted by SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded. **Entry Card:** Submit one SCS consolidated entry card per swimmer to enter this meet. Entry Cards can be found online at www.sloswimclub.org. Entry card must be filled out completely including entire USA Swimming registration number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard. Receipt of entries will not be verified by phone or e-mail. **DO NOT use certified, registered or special delivery mail services.**

EVENT LIMIT: Swimmers are limited to **6 Individual** events per day.

ENTRY FEE: \$4.00 for each INDIVIDUAL EVENT plus a \$10.50 surcharge PER SWIMMER must accompany each individual entry to the address below (not the swim office). NO REFUNDS. Returned checks will incur a service fee per SCS policy.

RELAYS: Relay entry fee will be \$5.00 per relay team. Relay Only Swimmers must pay the meet surcharge (\$10.50) and be entered on the meet entry form. Relays are encouraged to be pre-entered. Relay deck entries will only be allowed up until Check-In Closes. The Mixed Relay is 3 Boys/3 Girls.

E-MAIL ENTRIES TO: office@sloswimclub.org

MAIL ENTRIES AND TEAM PAYMENT TO: SLO Swim Club
PO Box 142
San Luis Obispo, CA 93406

MAKE CHECKS PAYABLE TO: Southern California Swimming

WARM-UP PROCEDURES: All lanes will be open for 2017/2018 USA Swimming Member Coach supervised warm-up. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. The pool will close 5 minutes before the start of each session.

CHECK-IN: Check-in for ALL Saturday events will close at 10:30 AM on Saturday. Check-in for ALL Sunday events will close at 10:30 AM on Sunday.

SEEDING: After entries close, non-conforming times will be converted for seeding purposes. All events will be seeded FAST to SLOW. All events per session will be seeded prior to the start of each session.

DISTANCE EVENTS: Swimmers in 500 FR are requested to provide their own lap counters.

AWARDS: No Awards.

LANE TIMING: Clubs will be assigned lanes for timing based on the number of entrants.

ADMIN REFEREE: Ben Britten

MEET REFEREE: Ernie Peterson

MEET DIRECTOR: Philip Yoshida

SAN LUIS OBISPO SWIM CLUB

SHORT COURSE 11 AND OVER MEET

| WOMEN | EVENT | MEN |
|-----------------|--|-----|
| SATURDAY | | |
| 1 | 200 FREESTYLE | 2 |
| 3 | 3 x 50 BUTTERFLY RELAY | 4 |
| 5 | 100 IM | 6 |
| 7 | 3 x 50 BACKSTROKE RELAY | 8 |
| 9 | 100 BUTTERFLY | 10 |
| 11 | 3 x 50 BREASTSTROKE RELAY | 12 |
| 13 | 100 BACKSTROKE | 14 |
| 15 | 4 x 50 FREESTYLE RELAY | 16 |
| SUNDAY | | |
| 17 | 100 FREESTYLE | 18 |
| 19 | 4 x 50 MEDLEY RELAY | 20 |
| 21 | 100 BREASTSTROKE | 22 |
| 23 | 3 x 50 T-SHIRT RELAY | 24 |
| 25 | 500 FREESTYLE | 26 |
| 27 | 200 IM | 28 |
| 29 | 6 x 50 *MIXED* FREESTYLE RELAY *3 Girls/3 Boys* | 29 |

FOR FURTHER INFORMATION CONTACT SLO SWIM CLUB:

Email: office@sloswimclub.org

Website: www.sloswimclub.org